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We Remember

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A specialist schools RSE programme on Honour-Based Abuse for students aged 14-18

*Pilot Consultation ahead of
academic year 2026-2027*



About Karma Nirvana

Karma Nirvana is the UK's longest-established charity supporting those affected by Honour-Based Abuse (HBA) and forced marriage. Founded in 1993 by Dame Jasvinder Sanghera CBE, we operate the government-commissioned national helpline, deliver specialist counselling, and provide multi-agency safeguarding training across policing, social care, health and education.

In 2026, our #Push4Change campaign secured a statutory definition of HBA and accompanying statutory guidance through the Crime and Policing Act - a landmark moment in recognising this form of abuse in law. For the first time, public authorities must take account of statutory guidance on honour-based abuse, supporting more consistent recognition and responses for victims and survivors.

Yet education professionals frequently tell us they find these issues difficult to talk about in the classroom - and that Honour-Based Abuse too often goes unrecognised or is normalised within communities.

We Remember is designed to change that: equipping teachers with the confidence, knowledge and resources to address HBA safely and sensitively.

About the Consultation

We Remember is a free RSE programme designed to help students aged 14-18 explore healthy relationships, forced marriage and Honour-Based Abuse through the real-life stories of those affected. It is fully mapped to statutory RSE requirements and built to support safe, meaningful classroom discussion and creative expression.

We are now inviting schools across England and Wales to join this national pilot consultation. Your involvement will directly shape the resources, training and guidance that schools receive - ensuring they are practical, sensitive and effective.

The Day of Memory

Each year, lives are lost to Honour-Based Abuse in the UK. The national Day of Memory, held on 14 July, marks the birthday of Shafilea Ahmed. Shafilea was a bright, courageous young woman murdered by her parents for bringing perceived "shame" on her family. Her story, echoed in the lives of many others, is one of strength, agency and injustice.

Created in 2014 following a joint campaign by Karma Nirvana and Cosmopolitan magazine, and supported by over 125,000 petitioners, the Day of Memory was officially recognised by the UK government.

In 2027, school students will take part in We Remember for the first time - learning about HBA and changemaking through real stories, creating tributes, and standing together in remembrance on this important date.



Benefits of the Programme

All resources and training are provided free of charge.

Participating schools receive:

- Age appropriate lesson materials fully mapped to statutory RSE guidance
- Printable and differentiated resources for inclusive delivery
- Flexible delivery options: individual lessons, tutor time, or drop-down days
- Real-life stories told with loved ones' consent and pupil voice activities
- Comprehensive safeguarding and disclosure guidance for staff
- A certificate of recognition for your school's participation

Schools can explore all available stories or select content that best suits their community and context.

Programme at a Glance and Key Dates

Consultation and Expressions of Interest

Consultation closes on the **14 July 2026**

Register interest by **10 September 2026**

Launch and Resources

A two-hour online training session in **October 2026** for two members of staff (PSHE Lead and Designated Safeguarding Lead recommended). The session covers safeguarding protocols, programme content, story selection guidance and SEND adaptations.

Schools to choose between the **8th** and **13th October**

Resources will be released to schools upon completion of training.

In School Delivery

Deliver from **November 2026 – May 2027**.

Flexible options: single lesson, lesson sequence, RSE unit, or drop-down day.

Additional Opportunities

Optional enrichment activities including specialist DSL training, survivor ambassador workshops, student-led fundraising activities, and school-based exhibitions.

Some additional activities may carry a cost.

Creative Tributes and Exhibition

Selected student work will be considered for display at the National Day of Memory on **14 July 2027**.

The Stories

This programme is built around the real stories of those lost to Honour-Based Abuse. Each story is shared with the full support of their loved ones and presented with care, sensitivity and dignity.

These stories help students understand the realities of abuse, recognise unhealthy relationship behaviours, and develop the knowledge they need to build safer, healthier relationships.

Schools will be supported to select the stories that best fit their context and community. Students' creative tributes will be reviewed by families and survivor ambassadors, with selected work displayed at a national exhibition on the Day of Memory.

Consultation Details

We would like to understand what schools need to deliver this programme safely and effectively in the classroom.

Please click [here](#) to complete our short consultation survey by:
14 July 2026

Pilot sign-up closes: **10 September 2026**

Launch dates: **8th October** and **13th October 2026**

Contact Information

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